



Microwave Bowl Pot Holder

How many times have you burned your fingers getting a bowl out of the microwave? Well, here is the solution to those burned fingers! A microwave bowl potholder. They are easy to make and a great stash buster. Everyone in your family will want one!! They are great for warming up leftovers, soup, making oatmeal for breakfast, etc.

Supplies needed:

- 2 10" square pieces of cotton fabric*
- 2 9" square pieces of cotton batting*
- scissors
- cotton thread*
- Fabric marker or pen
- 6" ruler
- quilting ruler
- Sewing Machine (of course!)

* cotton is recommended to prevent potholder from catching fire in microwave. Polyester can spark and cause a fire.

This will make a potholder for a regular size soup or cereal bowl. One can make a potholder for any size bowl. Just turn bowl over and measure from rim to rim, cut fabric squares to match this measurement, and cut batting square one inch smaller. One may need to lengthen dart.

Step One:

Center batting on the wrong side of fabric. (I like to press the square at this point) Draw a line from upper corner to lower corner. Repeat to form a X. Then draw a line from side to side through the X. There will be a square with eight wedges. Do this with both pieces. These will be the quilting lines. Pin batting and fabric together times two.

Step Two:

Sew the quilting lines on each square.

Step Three:

On the side to side lines, create a dart on all four sides. The dart is 1" wide and 2 1/2" long. I measure 2 1/2" from the top of the square and make a mark. Then fold the dart on the line, put fabric fold on 1/2" mark on throat plate of machine and sew at an angle to end of 2 1/2" dart. Saves time from marking each dart. You will make four darts. Trim excess fabric from each dart.

Step Four:

Place squares together, pin as needed, and stitch together with 1/2" seam allowance, leaving an opening for turning. Trim corners to relieve bulk. Turn right side out and finger press edge (may use iron if prefer). Pin opening closed. Top Stitch near the edge all the way around. You are finished! From beginning to end takes less than an hour.

These make great gifts. Enjoy.